

Topic	Notes
1. Present PRO-heelL _x to the nursing staff, indicating the components that are different from their current heel offloading device and the patient benefits from using the PRO-heelL _x .	
2. Explain the use of a heel offloading device as a component of the facility's pressure ulcer prevention program for at risk patients and the patient/ facility benefits of preventing pressure ulcers.	
3. Discuss current hospital protocol for assessing patients at risk for pressure ulcers and which patients the PRO-heelL _x will be used on.	
4. Demonstrate the sizes of the PRO-heelL _x and list patient conditions and different foot sizes each size PRO-heelL _x will be used with.	
5. Demonstrate the proper application of the PRO-heelL _x around the patient's foot and leg.	
6. Demonstrate the proper attachment of the side straps and cross straps to ensure proper fit and that heel remains offloaded at all times.	
7. Demonstrate proper attachment of the Stabilizer Wedge on the side of the PRO-heelL _x .	
8. Demonstrate proper placement of SCD and IPC sleeves and tubing and proper exit point for tubing to ensure it is not kinked, bent or pressing against the patient's skin.	
9. Explain the storage location of the PRO-heelL _x on the unit to ensure the PRO-heelL _x is located and put into use when an at-risk patient is identified.	
10. Show Posey PRO-heelL _x instructional and training materials available and how to use information in the documents.	
11. Answer any staff questions and comments.	