

Twice-As-Tough™ Ambulatory Belt 2800 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS:			
⚠WARNING			
Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.			
If you have any questions about patient safety, ask the appropriate medical authority for alternatives.			
Posey Keys MUST be readily available to staff at all times. In an emergency, it is difficult to cut the cuffs with scissors to free the patient.			
1. Place the belt around the patient's waist snugly. Slide an open hand (flat) between the device and the patient to ensure proper fit. The device must be snug, but not interfere with breathing.			
2. Use one of the application methods (either in front of, or behind the patient) as described: a. Position the cuffs in front of the patient, keep hands down by his or her sides, and place the cuffs on the adjacent wrist.			

Rx ONLY

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
b. Position the cuffs in front of the patient, cross the wrists and place the cuffs on the adjacent wrist. This application may not be suitable for all patients because it provides less hand mobility and may be uncomfortable.			
c. Position the cuffs behind the patient; place the cuffs on the adjacent wrists.			
Applying the Cuffs			
1. Wrap the neoprene piece (the blue side should be positioned against the skin) around the wrist. Attach the black hook and loop pieces together, followed by the blue hook and loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook. Be sure to overlap at least one inch (3 cm).			
2. Press the hook and loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.			
3. Pass the end of the wrist strap over the top of the cuff and through the lock.			
4. Pull the strap snug and close the lock. Check that the lock "clicks" shut. If a lock is not completely closed, it can pop open. Before leaving the patient's side, test the lock by trying to open it without the key.			
To Unlock Cuffs:			
1. Insert the Posey Key into the lock and turn counterclockwise. This will prevent jamming. ⚠WARNING Posey Keys MUST be readily available to staff at all times. In an emergency, it is difficult to cut the cuffs with scissors to free the patient.			
NOTE: Universal Posey Keys fit all Posey locks. To order extra keys, contact Posey at 1.800.447.6739, and ask for Cat. #1074.			