

Premium Heel Guard 6145 CHECKLIST



Facility		Contact	
Facility Name		Name	
Street Address		Title	
City/State/Zip		Nursing Unit	
Instructor		Date	
Signature			

Description	Competency Level	Date	Comments
Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently			
APPLICATION INSTRUCTIONS: 1. Unfasten hook and loop straps.			
2. Orient the Heel Guard with the long side positioned under the leg.			
3. Place the patient's foot so that the heel is centered over the heel opening. Reposition elevation block as required. Adjustable foam elevation block insert provides optimal pressure offloading of the heel.			
4. Securely apply ankle straps across calf to the opposing side. Place fingers through the heel opening to ensure that the heel is properly isolated, or pressure on the heel may result.			
5. For foot drop control, either criss-cross the straps over the patient's foot, or align the straps along either side and securely attach them to the outside of the Heel Guard.			
6. Follow your Hospital's policy and procedures for assessing patient while the product is in use.			

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com.

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