



Roll Belt Checklist

1201/1231/1231Q/1231QXL

Facility Information

Facility Name:

Street Address:

City / State
/ Zip Code:

Instructor:

Signature:

Contact Information

Name:

Title:

Nursing Unit:

Date:

Competency Level Definition - (1) Needs remediation and re-evaluation, (2) Performs skill with accuracy under supervision, (3) Performs skill with accuracy independently

Description	Competency Level	Date	Comments
1. For increased movement , open the belt and center it across the mattress with the flannel side toward the small of the patient's back.			
2. Position the patient in bed with the belt at waist level.			
3. Secure the short strap to a movable part of the bed frame, with a quick-release tie or buckle, out of the patient's reach.			
4. Bring the long strap over, around the patient's waist and back behind the patient through the slot in the back pad.			
5. Secure the long strap to a movable part of the bed frame, with a quick-release tie or buckle, out of the patient's reach. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.			
6. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted			

Description	Competency Level	Date	Comments
1. For decreased movement , open the belt and center it across the mattress with the flannel side toward the small of the patient's back.			
2. Position the patient in bed with the belt at waist level.			
3. Secure the short strap to a movable part of the bed frame, with a quick-release tie or buckle, out of the patient's reach.			
4. Bring the long strap over, around the patient's waist and in front of the patient through the slot in the front.			
5. Secure the long strap to a movable part of the bed frame, with a quick-release tie or buckle, out of the patient's reach. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.			
6. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.			

Before use, make sure to read the instructions accompanying the product. A copy of the instruction sheet is included with the product and can also be downloaded at www.posey.com