DESCRIPTION OF PRODUCT: A versatile vest with tie-ends. For bed or chair application.

Indications for Use:
- Patients assessed to be at risk of injury from a fall.
- Patients requiring a positioning device to assist medical treatment.

Contraindications:
- DO NOT use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
- DO NOT use on patients with: ostomy, colostomy, or G-tubes; hernias, severe CardiO Obstructive Pulmonary Disease (COPD); or with post-surgery tubes, incisions or monitoring lines. These could be disrupted by a restraint.

Adverse Reactions:
- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive product or intervention.

Application Instructions:

**WARNING** Make sure patient wears proper undergarments to protect skin.

Before use, check device for damage. Discard device if you have any questions about patient safety.

1. Place the device on the patient with the opening in the back. Make sure the patient wears proper undergarments to protect skin.
2. Close with the zipper, or hook-and-loop fasteners.
3. Secure straps to the wheelchair or bed frame, out of the patient’s reach (See below).
4. Slide an open hand (flat) between the device and the patient to ensure proper fit. The device must be snug, but not interfere with breathing.

**WARNING** A restraint applied incorrectly or worn backwards may result in serious injury or death from suffocation, chest compression or patient escape.

**NEVER** criss-cross straps directly behind the patient. Straps may loosen if the patient rotates.

Make sure straps cannot slide, loosen, or tighten if the patient pulls on them, or if the bed or chair seat position is adjusted. The patient may suffocate if the straps tighten. If the straps loosen, serious injury or death may occur from: patient escape; or from chest compression or suffocation if the patient becomes suspended in the restraint.

FOR WHEELCHAIR USE:
- Position the patient as far back in the seat as possible with the buttocks against the back of the chair.
- Bring the straps over the hips at a 45-degree angle and pass down between the seat and the wheelchair sides (Fig. 1).
- Criss-cross the straps, and use quick-release ties to attach straps to the opposite side kick spurs, out of the patient’s reach (Fig. 2).
- If the chair has an adjustable seat, secure straps to a movable part of the chair frame, out of the patient’s reach.

FOR BED USE:
Secure straps with quick-release ties to a movable part of the bed frame at waist level, out of the patient’s reach.

NOTE: This device DOES NOT allow the patient to roll from side-to-side or sit up in bed. If greater range of motion is desired, see Posey Catalog for other options.

**ADDITIONAL WARNINGS**
Heed these warnings to reduce the risk of serious injury or death:

**Bedsafety**
- ALWAYS use Hospital Bed Safety Workgroup (HBSW) (http://www.fda.gov search keyword “HBSW”) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient’s body from going under, around, through or between the side rails.
- A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.
- There is a risk of chest compression or suffocation if the patient’s body weight is suspended off the mattress or chair seat. Use extreme caution with chair cushions. If a cushion dislodges, straps may loosen and allow the patient to slide off the seat (Figs. 3, 4, and 5).
- Monitor per facility policy to ensure that the patient cannot slide down, or fall off the chair seat or mattress and become suspended or entrapped (Figs. 3, 4, and 5).

**Rx ONLY**
WARNING: ALWAYS Monitor patients per facility policy. Improper application or use of any restraint may result in serious injury or death.

RX ONLY. NOT FOR HOME USE. Federal law (USA) restricts this device to sale by or on order of a physician. For use in a licensed healthcare facility only.

STAFF TRAINING: Staff must have on going training and be able to demonstrate competency to use this device in accord with; Posey instructions; your facility policies and state and federal regulations (Federal Register, Part IV, 42 CFR Part 482.13(e)(6) and (f)(6)); Posey offers inservice training aids at no charge. Contact Posey online at www.posey.com or call toll-free at 1.800.447.6739.

SELECTING THE RIGHT POSEY PRODUCT: Refer to the Posey catalog to help select the right device to meet individual patients’ needs.

BEFORE APPLYING ANY RERAINT:
• Make a complete assessment of the patient to ensure restraint use is appropriate.
• Identify the patient’s symptoms and, if possible, remove the cause. You may need to: cater to individual needs and routines; increase rehabilitation and restorative nursing; modify the environment; or increase supervision.
• Use a restraint only when all other options have failed. Use the least restrictive device, for the shortest time, until you find a less restrictive alternative. Patients have the right to be free from restraint.
• Obtain informed consent from the patient or guardian prior to use. Explain the reason for restraint use to the patient and/or guardian to help ensure cooperation.
• A restraint must only be used in accord with the patient’s Individualized Care Plan (ICP). The ICP is an assessment by an interdisciplinary team, which may include, but is not limited to: PT, OT, Nursing, the Physician, and Social Services. The ICP should include: restorative nursing; patient release; and pressure sore prevention.

NOTE: Just as patient behavior is not 100% predictable, no product is 100% foolproof. Patient safety requires regular reassessment and monitoring per facility policy. A product that worked in the past may be inappropriate if the patient’s mental or physical health status changes. NEVER apply any product that you feel is unsafe. Consult with the proper medical authority if you have questions about patient safety.

ADDITIONAL WARNINGS:
1. ALWAYS monitor patient per facility policy. Be aware that constant monitoring may be required for:
• Aggressive or agitated patients; and
• Patients deemed at risk of aspirating their vomit. This includes patients in the supine position, or who are not able to sit up. If the patient vomits, he or she could aspirate the vomit and suffocate.
• Be prepared to intervene at the first sign of danger. Such patients require frequent review and evaluation of their physical and psychological status.

HOW TO TIE THE POSEY QUICK-RELEASE TIE
1. Wrap the strap once around a movable part of the bed frame leaving at least an 8” (20 cm) tail. Fold the loose end in half to create a loop and cross it over the other end.
2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.
3. Fold the loose end in half to create a second loop.
4. Insert the second loop into the first loop.
5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any direction.
6. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.

SIZING TABLE FOR POSEY PRODUCTS

<table>
<thead>
<tr>
<th>BINDING COLOR</th>
<th>SIZE</th>
<th>WEIGHT lb. (kg.)</th>
<th>CHEST in. (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>X-Small</td>
<td>60-115 (27-52)</td>
<td>25-32 (68-81)</td>
</tr>
<tr>
<td>Red</td>
<td>Small</td>
<td>112-160 (51-72)</td>
<td>31-37 (79-94)</td>
</tr>
<tr>
<td>Green</td>
<td>Medium</td>
<td>135–203 (61-92)</td>
<td>35-40 (92-102)</td>
</tr>
<tr>
<td>Yellow</td>
<td>Large</td>
<td>160-225 (73-102)</td>
<td>38-44 (97-112)</td>
</tr>
<tr>
<td>Blue</td>
<td>X-Large</td>
<td>180-247 (82-112)</td>
<td>42-48 (107-122)</td>
</tr>
<tr>
<td>Black</td>
<td>XX-Large</td>
<td>220-275 (100-125)</td>
<td>46-55 (117-140)</td>
</tr>
<tr>
<td>Yellow/Black</td>
<td>XXX-Large</td>
<td>265–305 (120-130)</td>
<td>54-60 (137-152)</td>
</tr>
<tr>
<td>Blue/Black</td>
<td>XXXX-Large</td>
<td>295-340 (133-156)</td>
<td>58-64 (147-163)</td>
</tr>
</tbody>
</table>

Posey Company • 5635 Peck Road, Arcadia, CA 91006-0020 USA
Phone: 1-800-447.6739 • 1-626.443.3143 • Fax: 1-800.767.3933 • www.posey.com

© 2016 Posey Company. All rights reserved.