Application Instructions: Wheelchair, Geri-Chair or Recliner-Chair

**CAUTION** Before use, check device for damage and that hook and loop adhere securely. Discard device if you have any questions about patient safety.

1. Position the patient on the belt as far back in the seat as possible, with the buttocks against the back of the chair.
2. Wrap the foam belt around the patient and chair backrest. Position the hook and loop fastener firmly together.
3. Secure the hook and loop fastener in front of the patient for self-release (Fig. 1), or behind the patient for assisted-release (Fig. 2). The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
4. Place the belt over the lower lap (Fig. 3) to hold the buttocks against the backrest and to help hinder sliding.
5. Wrap the belt under the seat on a part of the frame that will not allow the belt to slide forward.

Application Instructions: Hospital Bed

1. Wrap the belt underneath and around a movable part of the bed frame.
2. Lay the belt over the top of the patient, and press the hook and loop fastener firmly over the patient to secure product. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
3. For self-release, place the fastener in reach of the patient (Fig. 4). For assisted-release, place the fastener out of the reach of the patient. Check that the belt is secure and will not change position, loosen, or tighten if the patient pulls, or if the bed is adjusted.

**WARNING** If the patient has, poor upper trunk control or has a tendency to slide or fall off the chair, it should not be used on the torso in a chair without a belt or pelvic piece over the lower pelvis/ lap area.

**INDICATIONS FOR USE:**

- **Patients requiring upper torso postural support to help reduce tilting, leaning and falling from chairs.**
- **Patients needing a positioning device for added safety while in a chair or bed.**
- **Patients needing a reminder to call for assistance before exiting a chair or bed, and are able to follow instructions.**

**CONTRAINDICATIONS:**

- **DO NOT** use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
- **DO NOT** use on patients with: ostomy, colostomy, or G-tubes; hernias, severe Cardio Obstructive Pulmonary Disease (COPD); or with post-surgery tubes, incisions or monitoring lines. These could be disrupted by a restraint.
- **DO NOT** use on a patient who is unwilling or unable to follow instructions, and is at risk of a fall or re-injury from self-release.

**ADVERSE REACTIONS:**

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive product or intervention.

**ADDITIONAL WARNINGS:**

Heed these warnings to reduce the risk of serious injury or death:

**BED SAFETY**

- **ALWAYS** use Hospital Bed Safety Workgroup (HBSW) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient’s body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.
- There is a risk of chest compression or suffocation if the patient’s body weight is suspended off the mattress or chair seat. Use extreme caution with chair cushions. If a cushion dislodges, straps may loosen and allow the patient to slide off the seat (Figs. 5, 6, and 7).
- **Monitor per facility policy to ensure that the patient cannot slide down, or fall off the chair seat or mattress and become suspended or entrapped (Figs. 5, 6, and 7).**
- **STOP USE AT ONCE:** if the patient is at risk to slide forward or down in the device.

**NOTE:** A restraint with a pelvic piece will help to reduce the risk of sliding. See Posey Catalog.

- Before leaving the patient unattended, explain the purpose for the belt. Make sure the patient understands:
  - the need to call for assistance before exiting the chair; and
  - how to self-release in an emergency.

**LETTER 3658**

**Posey “Wrap Around”**

Beige Quilted, S-M - 5”W x 66”L (13 cm x 168 cm), M-L - 5”W x 84”L (13 cm x 213 cm), XL - 5”W x 100”L (13 cm x 254 cm), XXL - 5”W x 121”L (13 cm x 307 cm)

**LETTER 3659**

Blue Foam, L - 5”W x 72”L (13 cm x 183 cm), XL - 5”W x 84”L (13 cm x 213 cm), XXL - 5”W x 121”L (13 cm x 307 cm)

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WARNING: ALWAYS Monitor patients per facility policy. Improper application or use of any restraint may result in serious injury or death.

RX ONLY. NOT FOR HOME USE. Federal law (USA) restricts this device to sale by or on order of a physician. For use in a licensed healthcare facility only.

STAFF TRAINING: Staff must have on going training and be able to demonstrate competency to use this device in accord with Posey instructions; your facility policies and state and federal regulations (Federal Register, Part IV, 42 CFR Part 482.13(c)(6) and (f)(6); Posey offers inservice training aids at no charge. Contact Posey online at www.posey.com or call toll-free at 1.800.447.6739.

SELECTING THE RIGHT POSEY PRODUCT: Refer to the Posey catalog to help select the right device to meet individual patients’ needs.

BEFORE APPLYING ANY RERAINT:
• Make a complete assessment of the patient to ensure restraint use is appropriate.
• Identify the patient’s symptoms and, if possible, remove the cause. You may need to: cater to individual needs and routines; increase rehabilitation and restorative nursing; modify the environment; or increase supervision.
• Use a restraint only when all other options have failed. Use the least restrictive device, for the shortest time, until you find a less restrictive alternative. Patients have the right to be free from restraint.
• Obtain informed consent from the patient or guardian prior to use. Explain the reason for restraint use to the patient and/or guardian to help ensure cooperation.
• A restraint must only be used in accord with the patient’s Individualized Care Plan (ICP). The ICP is an assessment by an interdisciplinary team, which may include, but is not limited to: PT, OT, Nursing, the Physician, and Social Services. The ICP should include: restorative nursing; patient release; and pressure sore prevention.

NOTE: Just as patient behavior is not 100% predictable, no product is 100% foolproof.

BEFORE APPLYING ANY RESTRAINT:
1. ALWAYS monitor patient per facility policy. Be aware that constant monitoring may be required for:
• Aggressive or agitated patients; and
• Patients deemed at risk of aspirating their vomit. This includes patients in the supine position, or who are not able to sit up. If the patient vomits, he or she could aspirate the vomit and suffocate.
• Be prepared to intervene at the first sign of danger. Such patients require frequent review and evaluation of their physical and psychological status.

HOW TO TIE THE POSEY QUICK-RELEASE TIE

1. Wrap the strap once around a movable part of the bed frame leaving at least an 8” (20 cm) tail. Fold the loose end in half to create a loop and cross it over the other end.
2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.
3. Fold the loose end in half to create a second loop.
4. Insert the second loop into the first loop.
5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any direction.
6. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.

ZIZING TABLE FOR POSEY PRODUCTS

<table>
<thead>
<tr>
<th>BINDING COLOR</th>
<th>SIZE</th>
<th>WEIGHT LB. (kg)</th>
<th>CHEST IN. (cm)</th>
</tr>
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<tbody>
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<td>White</td>
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<td>25-32 (64-81)</td>
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<tr>
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<td>58-64 (147-163)</td>
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• Posey belts are not color-coded, but are sized according to this table. • Flame-resistant ties are available on request. • Patient weight and size are a general indicator only. Consider individual physical characteristics to choose the right product for each patient. Refer to product label for specific sizing information.

LAUNDERING INSTRUCTIONS (if applicable):
• Fasten all buckles and locks to reduce risk of damage during wash and dry cycles. DO NOT put buckles or locks through extractors. For maximum life, launder in a laundry bag.
• Before laundering, zip up and turn the product inside out to prevent zipper. The facility smoking/no smoking policy should be strictly enforced.
• Hook-and-loop fasteners may collect lint after repeated use or laundering, reducing grip strength. Fasten the “hook” to the “loop” before laundering to help prevent lint buildup. As needed, use a stiff-bristle brush to remove lint from the “hook” side.
• These products, other than foam products, can be machine washed under CDC guidelines for material soiled with blood or bodily fluid.
• For non-contaminated material, use lower temperature wash and dry cycles to extend product life.
• For foam products, cut with scissors in an emergency.

STORAGE AND HANDLING:
• This device is designed for use in normal indoor environments.
• This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials. *

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