

BEFORE USING THIS FALL MONITOR READ ENTIRE INSTRUCTION SHEET AND SAVE FOR FUTURE REFERENCE.

The Posey Personal Alarm is designed to alert you to the patient/resident's movement beyond a predetermined distance. The alarm may be set to alarm in one of five different tones. This allows you to assign a specific tone to an individual patient/resident. The distinct alarm allows you to quickly identify which patient/resident requires immediate attention. In addition, having variable tones to choose from lets you select a tone that is unique from the other alarms in your facility.

The Personal Alarm features two mounting options. It may be applied to a wheelchair, geri-chair or bed frame with its saddle mount; or it may be applied directly to a surface such as a nightstand, headboard, or toilet with the adhesive hook and loop attachment. For your convenience, each alarm is shipped with one strip of adhesive backed loop for mounting.

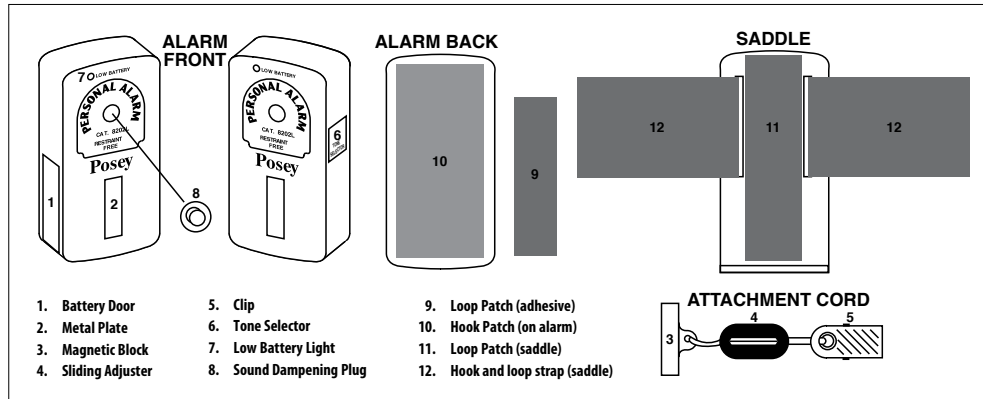
REF 8202L Personal Alarm

FEATURES:

- Five alarm tone selections.
- Alarm sound minimum 95dB at one foot.
- Optional sound dampening plug.
- Low battery light indicates battery change needed (10% power remaining).
- 280 hours of continuous alarm battery life (Tone 1).
- Two mounting options for use in bed, chair or bathroom.
- Impact resistant plastic.
- Adjustable cord: 31" - 60"
- Compact size: 2" x 4" x 1"
- Lightweight, 4-ounce unit.



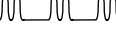
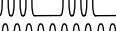
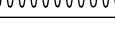
tone selection:

1. To step through the five tone options, press the tone selector on the side of the unit.
2. When the magnet is engaged, pressing the tone selector will produce a two-second audio sample of each tone.



3. Continue pressing the tone selector until the desired tone is heard.
4. The last tone heard will be the tone selected for use until a new selection is made.

NOTE: The tone you select will affect battery life. Choose tone one (the single, rapid beep pattern) for the longest possible battery life. See Variable Tone Chart below.

VARIABLE TONE	CALCULATED BATTERY LIFE*
DEFAULT 	70 hours
Tone 1 	280 hours
Tone 2 	140 hours
Tone 3 	93 hours
Tone 4 	35 hours

*Based on Continuous Alarm

Optional Sound Dampening Plug:

To decrease the alarm volume, insert the Sound Dampening Plug into the hole on the face of the alarm unit. For maximum alarm volume, do not use a plug.

WARNING

Always verify you can hear the alarm volume at the furthest possible distance before leaving patient/resident unattended. Never place the alarm unit closer than two feet from the ear.

Always verify system is working properly before leaving patient/resident unattended.

System Test:

1. Remove the magnet to activate the alarm.

2. Verify you can hear the alarm volume at the furthest possible distance.
3. If the alarm volume sounds weak, replace the battery.
4. If the low battery light is illuminated, replace the battery.
5. Check the cord for possible entanglement. Be sure it is the appropriate length to ensure safe monitoring of each patient/resident.

WARNING

The Posey Personal Alarm magnet could only affect pacemaker function if held in direct contact with the pacemaker. The pacemaker will return to normal function once the magnet is removed. Since pacemakers are inserted underneath the skin, direct contact of pull cord magnets with a patient's pacemaker is highly unlikely. At 1 1/2", the Posey pull cord magnet strength is .8 Gauss. This is 28 times lower than the force required to interrupt the pacemaker device. Based on consultation from two pacemaker manufacturers, the recommendation is to keep the magnet 1 1/2" away from the pacemaker/defibrillator insertion site.

MOUNTING ALARM:

Saddle Mount–



Fig. 1 Wheelchair Mount

1. Choose a secure location out of the patient's reach to attach the saddle, i.e. leg of bed or bottom of wheelchair frame at a juncture not likely to interfere with the wheel of the chair (Fig. 1).
2. Wrap the saddle strap firmly and securely around the wheelchair or bed frame.
3. Be sure the saddle is securely in place and will not move.
4. Attach the alarm to the saddle (Fig. 2) by mating the hook (10) and loop (11).
5. Press the alarm firmly in place (Fig. 3).

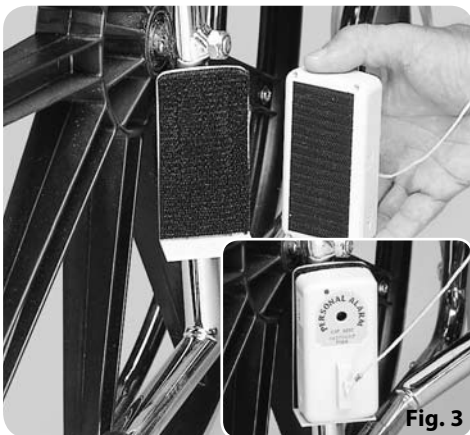


Fig. 2

Adhesive Mount–

1. Choose site on headboard or other mounting surface, i.e. nightstand or toilet, out of patient's reach (Fig. 4).
2. Clean site with alcohol wipe, let dry.
3. Attach self-adhesive loop (fuzzy) patch (9) by peeling off backing and pressing into place on the mounting surface.
NOTE: Adhesive on loop patch will not adhere well to vinyl or similar surface.
4. Press the hook (rough) patch (10) on the back of the alarm firmly to the loop patch on mounting surface.



Fig. 4 Headboard Mount

⚠WARNING

To avoid possible injury or death: Always check the mounting before each use, making sure the cord cannot become entangled in the side rail or anything else and will move freely if pulled by the patient.

CONNECTING PATIENT/RESIDENT:

The Posey Personal Alarm may be used to monitor a patient/resident in bed (Fig. 5), in a wheelchair (Fig. 6) or in the bathroom.

1. To connect patient, determine safety zone range, adjust cord length with slide adjuster (4). Cord adjusts from 31 inches to 60 inches in length.



Fig. 5 - Bed Application

2. Attach the clip to the patient, near the shoulder, on a piece of clothing the patient is not likely to remove. This should be out of the patient's/resident's reach, if possible.

NOTE: Test alarm volume before each use.

REPLACING 9-VOLT BATTERY:

1. Make sure magnet is attached to the metal plate.
2. Slide door (1) on side of unit down to open.
3. Pull on ribbon to release the battery from its chamber.
4. Disconnect battery from the battery clip.
5. Connect new 9-volt battery securely to battery clip.
6. Place battery in chamber and slide door back into place.
7. Press tone selector button to desired tone.
8. Check alarm function by disengaging magnetic block from the metal plate on the front of the alarm.



Fig. 6 - Chair Application

MAINTAINING HOOK AND LOOP:

If hook and loop does not adhere, it is most likely due to collection of dust and lint. Clean hook by brushing with a stiff brush.

⚠WARNING

To avoid possible injury or death:

It is the caregiver's responsibility to select the appropriate cord length for each patient. All of the following should be considered:

- Cord should be long enough to allow moderate movement to enhance sleep comfort, yet short enough to activate the alarm and notify caregiver that the patient has left the predetermined safe range of mobility.
- If the alarm is mounted on the wall the extra distance from the headboard to the wall must be considered.
- If the bed is elevated or lowered, cord length should be changed accordingly. A cord that is too short to accommodate movement may result in a "false alarm". A cord that is too long could allow the patient to move beyond the predetermined safe range of mobility.
- Ensure the cord is free to pull straight out from the monitor and is not blocked by pillows or beddings, and is not entangled in the side rails or headboard.
- Always verify alarm is properly mounted and working properly before leaving patient unattended.
- When used in conjunction with side rails, be sure cord length accommodates the side rails and is not subject to entanglement.

LIMITED LIFETIME WARRANTY:

The Posey Company warrants, to the original purchaser, this alarm unit to be free from defects in materials and workmanship for the life of the unit. Warranty void if unit is opened, damaged, or submerged. See Catalog for additional details.