

**DESCRIPTION OF PRODUCT:** Self-Releasing Chair Belt. For wheelchair use only.

**Rx ONLY**



**POSEY SELF-RELEASING PRO BELT**

REF 5150

**INDICATIONS FOR USE:**

- Patients needing a reminder to call for assistance before exiting a chair, and are able to follow instructions.
- Patients needing a positioning device for added safety while in a chair.

**CAUTION** is product is designed for self-release. If the patient is not able to easily self-release, it is considered a restraint and must be prescribed by a physician.

**CONTRAINDICATIONS:**

- **DO NOT** use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
- **DO NOT** use on patients with: ostomy, colostomy, or G-tubes; hernias, severe Cardio Obstructive Pulmonary Disease (COPD); or with post-surgery tubes, incisions or monitoring lines. These could be disrupted by a restraint.
- **DO NOT** use on a patient who is unwilling or unable to follow instructions, and is at risk of a fall or re-injury from self-release.

**ADVERSE REACTIONS**

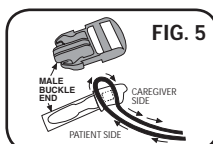
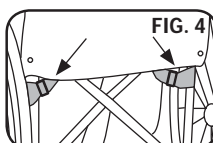
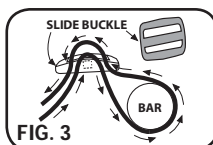
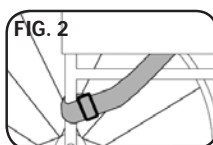
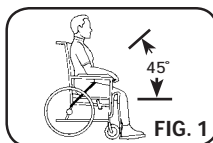
- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive, product or intervention.



**APPLICATION INSTRUCTIONS** (Repeat steps 1-5 on both sides):

**CAUTION** Before use, check device for damage. Discard if you have any questions about patient safety.

1. Remove the end of the nylon strap from the plastic slide buckle on the connecting strap.
2. Lay the lap belt across the chair seat.
3. Bring the ends of the connecting straps down at a 45-degree angle between the seat and the wheelchair sides (fig. 1). Pull it through to the rear of the wheelchair and wrap the strap around the vertical bar located behind and under the seat (fig. 2).
4. Thread the strap back through the slide buckle and remove any slack (fig. 3).
5. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the chair is tilted or adjusted. Make sure the slide buckle faces the inside of the wheelchair to keep the buckle out of the wheel spokes (fig. 4).
6. Position the patient as far back in the seat as possible, with the buttocks against the back of the chair.
7. Connect the quick-release buckle so the belt is across the patient's lower lap. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
8. Make sure the strap is threaded properly through the male end of the buckle to prevent it from sliding loose (fig. 5).



**WARNING**

- Use caution when fastening quick-release buckles to avoid pinching the skin.

**ADDITIONAL WARNINGS:**

Heed these warnings to reduce the risk of serious injury or death:

- There is a risk of chest compression or suffocation, if the patient's body weight is suspended off the chair seat. Use extreme caution with chair cushions. If a cushion dislodges, straps may loosen and allow the patient to slide off the seat (fig. 6).
- Monitor per facility policy to ensure that the patient cannot slide down, or fall off the chair seat and become suspended (figs. 6).



FIG. 6

- **STOP USE AT ONCE:** if the patient is at risk to slide forward or down in the device.

**NOTE:** A restraint with a pelvic piece will help to reduce the risk of sliding. See Posey Catalog.

- Before leaving the patient unattended, explain the purpose for the belt. Make sure the patient understands:
  - the need to call for assistance before exiting the chair; and
  - how to self-release in an emergency.

**ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE**



