

DESCRIPTION OF PRODUCT: Limb holder for limiting limb movement. For bed use only.

Rx ONLY



POSEY LIMB HOLDERS

- REF 2532** Quick-Release Limb Holders, Single Strap With Quick-Release Connecting Strap
- REF 2551** Quick-Release Quilted Limb Holders, Single Strap With Quick-Release Connecting Strap

INDICATIONS FOR USE:

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling).
- Patients assessed to be at risk of line pulling, which may prevent monitoring of vital signs.
- Patients whose picking, pulling, scratching, or peeling exacerbates a skin condition, causes self-injury, or compromises wound site integrity.

CONTRAINDICATIONS:

- **DO NOT** use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
 - **NEVER** use on a patient:
 - With a dislocation or fracture on the restrained limb; or
 - If an IV or wound site could be compromised by the device.
- See the Posey Catalog for other options for such a patient.

ADVERSE REACTIONS

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive, product or intervention.

APPLICATION INSTRUCTIONS:

CAUTION Before use, check device for damage. Discard if you have any questions about patient safety.

1. Follow these steps to apply device (repeat steps 1-6 on each side):
 - a. Attach the female end of the quick-release buckle (short strap) to a movable part of the bed frame, out of the patient's reach. Secure by feeding the female end through the loop in the strap.
 - b. Insert the male end of the connecting strap into the female end of the short strap. Listen for a "snapping" sound. Pull firmly on straps to ensure a good connection.
2. Wrap the limb holder cuff around the patient's wrist so the buckle and connecting strap is on the ulnar side of the wrist (opposite the thumb) (Fig. 1).
3. Secure the hook and loop fastener. Slide ONE finger (fat) between the cuff and the inside of the patient's wrist to ensure proper fit (Fig. 2). The strap must be snug, but not compromise circulation.
4. Close the quick-release buckle on the cuff. Insert TWO fingers (fat) under the buckle and pull the strap snug, but not so tight as to restrict circulation (Fig. 3).
5. Attach the "hook" end of the cuff strap to the "fuzzy" backing on the cuff to keep the quick-release buckle from sliding (Fig. 4).
6. Adjust the bed strap to allow desired freedom of movement, without compromising patient or caregiver safety.



NOTE: To remove cuffs, unsnap quick-release buckles and release hook and loop fasteners.

WARNING

QUICK-RELEASE BUCKLES:

- Remove the strap with the female end from the bed frame after each use. Connect it to the male end of the quick-release buckle. Make sure you do not mix male and female ends from different products.
- **DO NOT** reuse quick-release buckles, and do not mix male and female ends from different products.

ADDITIONAL WARNINGS:

ADDITIONAL OR DIFFERENT BODY OR LIMB RESTRAINTS MAY BE NEEDED:

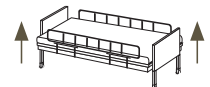
- If the patient pulls violently against the bed straps;
 - To reduce the risk of the patient getting access to the line/wound/tube site;
 - To prevent the patient from flailing or bucking up and down causing self-injury.
- See Posey Catalog.

MONITOR PER FACILITY POLICY. Check to ensure that:

- Straps cannot slide in any direction or loosen if the patient pulls on them, or if the bed is adjusted;
- Cuffs are properly secured. If applied too tightly, circulation will be restricted; if applied too loosely, the patient may be able to slip his or her limb from the device;
- Cuffs are attached in a way that the patient is not able to use his or her teeth or otherwise remove the device;
- Cuffs are intact, and not torn or damaged. **DO NOT** allow patients to ingest product material.

BED SAFETY

- **ALWAYS** use Hospital Bed Safety Workgroup (HBSW) (<http://www.fda.gov/cdrh/beds/modguide.html>) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient's body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.



ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE

