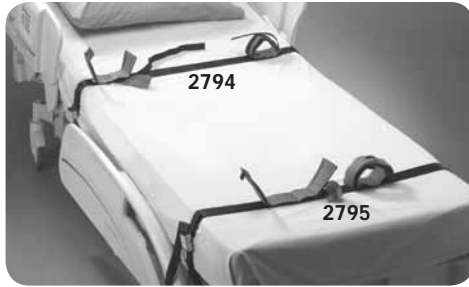


DESCRIPTION OF PRODUCT: Very secure, padded limb restraints with double hook and loop closure. For hospital bed application only. **Rx ONLY**



POSEY CONNECTED TWICE-AS-TOUGH CUFFS

- REF 2794** Connected Wrist - Bed, pair, key lock (blue), 32" (81 cm) strap length
- REF 2795** Connected Ankle - Bed, pair, key lock (red), 32" (81 cm) strap length
- REF 2795L** Connected Ankle - Bed, pair, key lock (red), 42" (107 cm) strap length
- REF 1074** Posey Universal Key

INDICATIONS FOR USE:

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling).
- Patients assessed to be at risk of line pulling, which may prevent monitoring of vital signs.
- Patients whose picking, pulling, scratching, or peeling exacerbates a skin condition, causes self-injury, or compromises wound site integrity.
- Patients assessed as being in extreme danger of injury to themselves or to others.

CONTRAINDICATIONS:

- **DO NOT** use this device on a patient who is or becomes: suicidal; highly aggressive or combative; self-destructive; or deemed to be an immediate risk to others, UNLESS the patient is under constant supervision.
- **NEVER** use on a patient:
 - With a dislocation or fracture on the restrained limb; or
 - If an IV or wound site could be compromised by the device.
 See the Posey Catalog for other options for such a patient.

ADVERSE REACTIONS

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If the patient is likely to cause injury to him/herself or others, get help from a qualified medical authority to find an alternate intervention or method of restraint.

APPLICATION INSTRUCTIONS: (Connecting straps) (repeat steps 1-4 on each side):

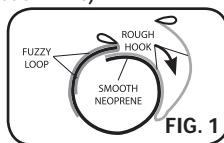
WARNING

- Before each use, check cuffs and straps for cracks, tears, and/or excessive wear or stretch; cracked or broken buckles or locks; and/or that hook and loop adheres securely, as these may allow patient to remove cuff. Discard if device is damaged.
- If you have any questions about patient safety, ask the appropriate medical authority for alternatives.

1. Place the cuffs at wrist or ankle position.
2. Bring the ends of the strap down through the inside of the side rails so they do not interfere when the side rails are raised. Feed the end of the strap over the top, around the frame, and through the lock. Make sure that the straps are attached to a movable part of the bed frame, out of the patient's reach.
3. Pull the strap snug and close the lock. Check that the lock "clicks" shut. If a lock is not completely closed, it can pop open. Before leaving the patient's side, test the lock by trying to open it without the key.
4. Position the patient on the bed.

APPLYING THE CUFFS (repeat steps 1-2 for each limb):

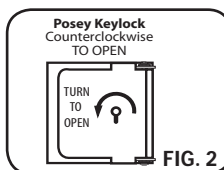
1. Wrap the neoprene piece (the blue or red side should be positioned against the skin) around the wrist/ankle. Attach the black hook and loop pieces together, followed by the blue or red hook and loop pieces. The fuzzy piece should be sandwiched between the two pieces of hook (fig. 1). Be sure to overlap at least one inch (3 cm).
2. Press the hook and loop closure together firmly and make sure it adheres securely. Slide ONE finger (flat) between the cuff and the inside of the patient's wrist to ensure proper fit. The cuffs must be snug enough to prevent escape, but not interfere with circulation.



TO UNLOCK CUFFS:

1. Insert the Posey Key into the lock and turn counterclockwise. This will prevent jamming (fig. 2).

NOTE: Universal Posey Keys fit all Posey locks. To order extra keys, contact Posey at 1.800.447.6739, press 5, and ask for Cat. #1074.



WARNING

Posey Keys **MUST** be readily available to staff at all times. In an emergency, it is difficult to cut the cuffs with scissors to free the patient. **NOTE:** Keep excess strap out of reach to prevent patient from pulling strap and damaging or opening lock.

MONITOR PER FACILITY POLICY. Check to ensure that:

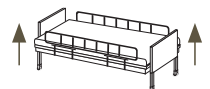
- Straps cannot slide in any direction, tighten or loosen if the patient pulls on them, or if the bed is adjusted;
- Cuffs are attached in a way that the patient is not able to use his or her teeth or otherwise remove the device;
- Cuffs are intact, and not torn or damaged. **DO NOT** allow patients to ingest product material.

MONITORING

- Posey recommends constant direct supervision for patients deemed to be at risk of injury to themselves or others. For times when direct supervision is not possible, monitor by line of sight or by a video/audio device.
- **NEVER** allow a patient to have access to any tool, utensil, or object that might be used to unlock or damage cuffs.
- Be aware that a sudden mood swing may cause agitated or aggressive behavior. Contact the medical team **AT ONCE** if this occurs. No level of monitoring may avoid the risk of serious injury to highly agitated or aggressive patients.
- Check the patient regularly to ensure that:
 - Circulation is not impaired. Serious injury may occur if the cuffs restrict circulation.
 - Cuffs are secure. Death or serious injury to the patient or others may occur if the patient can remove the cuffs.

BED SAFETY

- **ALWAYS** use Hospital Bed Safety Workgroup (HBSW) (<http://www.fda.gov/cdrh/beds/modguide.html>) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient's body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.



ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE

