

DESCRIPTION OF PRODUCT: Limb holder for limiting limb movement. For bed use only.

Rx ONLY



2631

INDICATIONS FOR USE:

- Patients assessed to be at risk of disrupting life-saving treatments (e.g., chronic tube pulling).
- Patients assessed to be at risk of line pulling, which may prevent monitoring of vital signs.
- Patients whose picking, pulling, scratching, or peeling exacerbates a skin condition, causes self-injury, or compromises wound site integrity.

CONTRAINDICATIONS:

- **DO NOT** use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal.
 - **NEVER** use on a patient:
 - With a dislocation or fracture on the restrained limb; or
 - If an IV or wound site could be compromised by the device.
- See the Posey Catalog for other options for such a patient.

ADVERSE REACTIONS

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive, product or intervention.

POSEY LIMB HOLDERS

REF 2625 Synthetic Fur Lined

REF 2631 Cotton Flannel Lined

TO PREPARE LIMB HOLDERS:

CAUTION Before use, check device for damage. Discard if you have any questions about patient safety.

1. Feed the strap at the narrow end of the triangular cutout through the horizontal slot in the wide end of the cutout. Continue threading the strap through the loop located on the outside of the device (fig. 1).
2. Feed the strap from the wide end of the cutout through the loop in the opposite direction (fig. 2). For faster application, the restraint can be attached to the bed before placing on the patient's wrist.

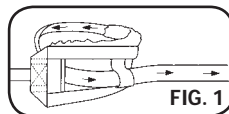


FIG. 1

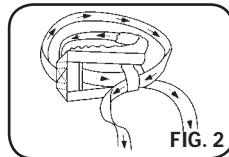


FIG. 2

APPLICATION INSTRUCTIONS:

1. Use method a. or b. below to attach straps to the bed (repeat steps 1-5 on each side):
 - a. Triangulation process: to restrict patient's range of motion: Separate the straps and attach at different points along a movable part of the bed frame, out of the patient's reach, using quick-release ties (fig. 3).
 - b. To increase patient's range of motion: Place the straps together and attach to a single point along a movable part of the bed frame, out of the patient's reach, using quick-release ties.
2. Position the patient's wrist into the prepared limb holder. Secure the hook and loop fastener.
3. Pull the strap on the narrow end of the triangle snug (fig. 4). Secure the hook and loop fastener.
4. Slide ONE finger (flat) between the cutout and the inside of the patient's wrist to ensure proper fit. The strap must be snug, but not compromise circulation (fig. 5).

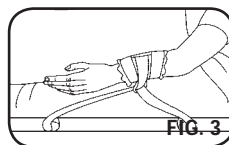


FIG. 3

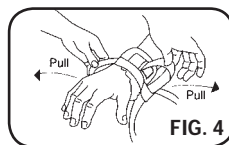


FIG. 4



FIG. 5

WARNING

- Do not tie a knot at the loop. The knot would be difficult to untie in an emergency.

5. Adjust the bed strap(s) to allow desired freedom of movement, without compromising patient or caregiver safety.

NOTE: To remove cuffs, pull up on the hook and loop strap to loosen (fig. 6).

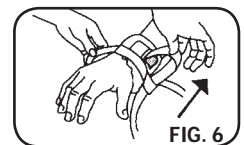


FIG. 6

ADDITIONAL WARNINGS:

ADDITIONAL OR DIFFERENT BODY OR LIMB RESTRAINTS MAY BE NEEDED:

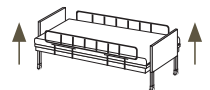
- If the patient pulls violently against the bed straps;
 - To reduce the risk of the patient getting access to the line/wound/tube site;
 - To prevent the patient from flailing or bucking up and down causing self-injury.
- See Posey Catalog.

MONITOR PER FACILITY POLICY. Check to ensure that:

- Straps cannot slide in any direction or loosen if the patient pulls on them, or if the bed is adjusted;
- Cuffs are properly secured. If applied too tightly, circulation will be restricted; if applied too loosely, the patient may be able to slip his or her limb from the device;
- Cuffs are attached in a way that the patient is not able to use his or her teeth or otherwise remove the device;
- Cuffs are intact, and not torn or damaged. **DO NOT** allow patients to ingest product material.

BED SAFETY

- **ALWAYS** use Hospital Bed Safety Workgroup (HBSW) (<http://www.fda.gov/cdrh/beds/modguide.html>) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient's body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.



ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE



