

DESCRIPTION OF PRODUCT: Foam padded belt with cotton straps. For chair or hospital bed use.

Rx ONLY



INDICATIONS FOR USE:

- Patients assessed to be at risk of injury from a fall.
- Patients requiring a positioning device to assist medical treatment.
- Patients who need a supplemental restraint (5th point) of the thighs, pelvis, or chest, and who are already restrained at all four extremities.



CONTRAINDICATIONS:

- **DO NOT** use on a patient who is or becomes highly aggressive, combative, agitated, or suicidal, except as a 5th point restraint (see below).
- **DO NOT** use on patients with: ostomy, colostomy, or G-tubes; hernias; severe Cardio Obstructive Pulmonary Disease (COPD); or with post-surgery tubes, incisions or monitoring lines. These could be disrupted by a restraint.
- **NEVER** use a 5th point restraint on a patient:
 - With a pelvic fracture, supra-pubic catheter, ostomy; percutaneously placed feeding tube or recent incision.
 - With a history of cardiac or pulmonary disorders, or thoracic fractures.
 - To restrain head or neck.

POSEY SOFT BELT

- REF 4125** Bed & chair: 4½"W x 16½" (11 cm x 42 cm) belt pad w/6 foot (2 m) straps
- REF 4125Q** Bed & chair: 4½"W x 16½" (11 cm x 42 cm) belt pad, 6 foot (2 m) straps w/quick-release buckles
- REF 4125L** Bed & chair: 4½"W x 30" (11 cm x 76 cm) belt pad w/8 foot (2 2/5 m) straps

ADVERSE REACTIONS

- Severe emotional, psychological, or physical problems may occur: if the applied device is uncomfortable; or if it severely limits movement. If symptoms of these problems ever appear for any reason, get help from a qualified medical authority and find a less restrictive, product or intervention.

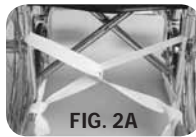
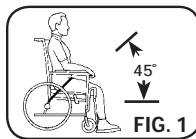
APPLICATION INSTRUCTIONS:

⚠ WARNING Make sure patient wears proper undergarments to protect skin.

⚠ CAUTION Before use, check device for damage. Discard if you have any questions about patient safety.

APPLICATION INSTRUCTIONS: CHAIR

1. Position the patient as far back in the seat as possible, with the buttocks against the back of the chair.
2. Lay the lap belt across the patient's thighs with the foam facing in.
3. Bring the ends of the connecting straps down at a 45-degree angle between the seat and the wheelchair sides (Fig. 1). Criss-cross the straps behind the chair and draw them around the opposite side kick spurs.
4. Secure each connecting strap, out of the patient's reach, using a quick-release tie or buckle (Figs. 2A and 2B). Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the chair is adjusted.
5. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.



APPLICATION INSTRUCTIONS: HOSPITAL BED

1. Bring the belt around the patient's waist with the foam pad facing in.
2. Criss-cross the straps behind the patient, and feed each strap through the positioning loops on the ends of the blue foam pad. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
3. Secure each connecting strap around a movable part of the bed frame, at waist level, using a quick-release tie or buckle. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the bed is adjusted.

APPLICATION INSTRUCTIONS: 5TH POINT RESTRAINT

1. Bring the belt around the patient's waist, chest, or legs with the foam pad facing in. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
2. Secure each connecting strap around a movable part of the bed frame, using quick-release ties or buckles. Check that the straps are secure and will not change position, loosen, or tighten if the bed is adjusted.

NOTE: When using over the chest, the straps should go under the arms and attach at chest level, to a movable part of the bed frame. This will prevent the patient from sliding down and becoming entangled.

⚠ WARNING

Heed these warnings to reduce the risk of serious injury or death:

BED SAFETY

- **ALWAYS** use Hospital Bed Safety Workgroup (HBSW) (<http://www.fda.gov/cdrh/beds/modguide.html>) compliant side rails in the UP position and fill ALL gaps to reduce the risk of entrapment.
- Use side rail covers and gap protectors to help prevent the patient's body from going under, around, through or between the side rails. A failure to do so may result in serious injury or death if a patient becomes suspended or entrapped. Posey offers a full range of side rail pads and/or gap protectors to cover gaps.
- There is a risk of chest compression or suffocation if the patient's body weight is suspended off the mattress or chair seat. Use extreme caution with chair cushions. If a cushion dislodges, straps may loosen and allow the patient to slide off the seat (figs. 3, 4, and 5).
- Monitor per facility policy to ensure that the patient cannot slide down, or fall off the chair seat or mattress and become suspended or entrapped (figs. 3, 4, and 5).

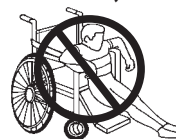
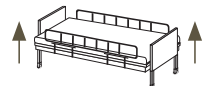


FIG. 3



FIG. 4



FIG. 5

- **STOP USE AT ONCE:** if the patient has a tendency to slide forward or down in the device; or is able to self-release.
NOTE: A restraint with a pelvic piece will reduce the risk of sliding, or of the patient pulling the device over his or her head. See Posey Catalog.
- **NEVER** leave a patient requiring a 5th point restraint alone. One-on-one supervision is required in case of an emergency.

ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE

